

ATHANASIA PAPAZAFIROPOULOU
Curriculum Vitae

Name : Athanasia Papazafiropoulou
Date of Birth : 1975
Place of Birth : Athens Greece
Nationality : Greek
Languages : English (Lower)
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STUDIES – CAREER

- A. Premedical education : High School 1976-1982
 Biology Department of University of Patras: 1993-1995
 Medical School of University of Athens: 1995-2002
- B. Postgraduate education and previous service
- 1) Intern assistant: June- August 2002, General Hospital of Patras Internal Medicine, Cardiology and Surgery Department.
 - 2) Compulsory rural area service in Health Center of Erymantheia, Achaia.
 - 3) Scientific assistant: October 2003 - February 2006, 1st Propaedeutical Internal Medicine Department , Medical School ,University of Athens- pursuing completion of specialty in Internal Medicine
 - 4) Intern assistant: February 2006 – October 2010, General Hospital of Nikaia 3rd Department of Internal Medicine.
 - 5) Lecturer in Medicine: October 2008
 - 6) Internal Medicine Specialty: 2010
 - 7) Consultant: February 2011- June 2013, General Hospital of Nikaia 3rd Department of Internal Medicine.
 - 8) Specialty in Diabetes: September 2012
 - 9) Master of Science in Biostatistics: December 2012
 - 10) Sub-investigator: July 2013-June 2014, General Hospital of Nikaia 3rd Department of Internal Medicine.
 - 11) Consultant: June 2014- up to date, General Hospital of Piraeus "Tzaneio", 1st Department of Internal Medicine.

MEMBER OF MEDICAL SOCIETIES

- Piraeus Medical Association
- Hellenic Diabetes Association
- Hellenic Society for Infectious Diseases
- Scientific Company Kalavritan Doctors "The MELAMPOUS"
- Institute for the Study, Research and Education on Diabetes and Metabolic Diseases
- Hellenic Atherosclerosis Society
- Hellenic Society for Research and Education in Primary Health Care

SCIENTIFIC PAPERS AND PUBLICATIONS

- International Publications: 43
- Publications in Greek Journals: 66
- Co-author in Greek Handbooks: 79
- Co-author in Handbooks: 7
- Papers in International Congresses: 70
- Papers in Greek Congresses: 227
- Awards in Greek Congresses: 17

TRAINING ACTIVITY

a. as trainee

- International Congress and Symposia attendance: 35
- Greek Congress Attendance: 350
- Seminars, Post-Graduate Lessons and other: 172

b. as trainer

- Speaker in Lectures-Round Table-Symposia: 80
- Chairman in Greek congresses: 439
- Participation in Multicentre Investigational Studies: 26
- Reviewer in International Journals: 68

International Publications

1. M. Kardara, A. Papazafiropoulou, P. Katsakiori, C. Petropoulos, E. Jelastopulu. «Protective effect of doxycycline use on coronary artery disease?», *J Infect* 2006; 52: 243-246.

(Impact factor: 4,073)

2. A. Papazafiropoulou, N. Tentolouris, I. Moyssakis, D. Perrea, N. Katsilambros. «The Potential Effect of Some Newer Risk Factors for Atherosclerosis on Aortic Distensibility in Subjects with and without Type 2 Diabetes Mellitus», *Diabetes Care* 2006; 29: 1926-1928.

(Impact factor: 7.735)

3. N. Tentolouris, A. Papazafiropoulou, S. Liatis, I. Moyssakis, D. Perrea, R.P. Soldatos, N. Katsilambros. «Components of the metabolic syndrome, but not metabolic syndrome *per se*, are associated with aortic distensibility», *Nutr Metab Cardiovasc Dis* 2007; 17:727-733.

(Impact factor: 3.978)

4. I. Skrapari, N. Tentolouris, D. Perrea, C. Bakoyiannis, A. Papazafiropoulou, N. Katsilambros. «Baroreflex sensitivity in obesity: relationship with cardiac autonomic nervous system activity», *Obesity (Silver Spring)* 2007; 15: 1685-1693.

(Impact factor: 3.922)

5. N. Tentolouris, R. Nzietchueng, V. Cattan, G. Poitevin, P. Lacolley, A. Papazafiropoulou, D. Perrea, N. Katsilambros, A. Benetos. «White Blood Cells Telomere Length is Shorter in Males with Type 2 Diabetes and Microalbuminuria», *Diabetes Care* 2007; 30: 2909-2915.

(Impact factor: 7.735)

6. P. Katsakiori, E. Panagiotopoulou, G. Sakellaropoulos, A. Papazafiropoulou, M. Kardara. «Errors in death certificates in a rural area of Greece», *Rural Remote Health* 2007; 7: 822.

- (Impact factor: 0.820)*
7. N. Tentolouris, A. Papazafiropoulou, I. Moysakis, S. Liatis, D. Perrea, M. Kostakis, N. Katsilambros. «Metabolic syndrome *per se* is not associated with reduction in aortic distensibility in subjects with type 2 diabetes mellitus», BMC Cardiovascular Diabetology 2008; 7:1
- (Impact factor: 4.210)*
8. A. Papazafiropoulou, N. Tentolouris, R.P. Soldatos, N. Katsilambros. «Mortality in Diabetic and Nondiabetic Patients After Amputations Performed From 1996 to 2005 in a Greek population», J Diabetes Complications 2009; 23:7-11.
- (Impact factor: 2.056)*
9. A. Gikas, A. Sotiropoulos, D. Panagiotakos, V. Pastromas, A. Papazafiropoulou, S. Pappas. «Prevalence trends for myocardial infarction and conventional risk factors among Greek adults (2002-06)», QJM 2008; 101: 705-12.
- (Impact factor: 2.361)*
10. A. Papazafiropoulou, D. Perrea, I. Moysakis, A. Kokkinos, N. Katsilambros, N.T entolouris. «Plasma levels of MMP-2, MMP-9 and TIMP-1 are not associated with arterial stiffness in subjects with type 2 diabetes mellitus», J Diabetes Complications 2010; 24: 20-27.
- (Impact factor: 2.056)*
11. A. Sotiropoulos, A. Papazafiropoulou, O. Apostolou, A. Kokolaki, A. Gikas, S. Pappas. «Prevalence of depression among Greek type 2 diabetic subjects», BMC Res Notes 2008; 1: 101.
- (Impact factor: 1.390)*
12. A. Papazafiropoulou, N. Tentolouris «Matrix metalloproteinases and cardiovascular diseases», Hippokratia 2009; 2: 76-82.
- (Impact factor: 0.590)*
13. A. Papazafiropoulou, A. Sotiropoulos, E. Skliros, M. Kardara, A. Kokolaki, O. Apostolou, S. Pappas. «Familial history of diabetes and clinical characteristics in Greek subjects with type 2 diabetes», BMC Endocrine Disorders 2009; 9:12.
- (Impact factor: 2.650)*
14. A. Papazafiropoulou, I. Daniil, A. Sotiropoulos, S. Konstantopoulou, D.Petropoulou, T.Peppas, S. Pappas. «Urinary tract infection, uropathogens and antimicrobial resistance in diabetic and nondiabetic patients», Diabetes Res and Clin Practice 2009; 85: e12-13.
- (Impact factor: 2.741)*
15. A. Gikas, A. Sotiropoulos V. Pastromas, A. Papazafiropoulou, O. Apostolou, S. Pappas. «Seasonal variation in fasting glucose and HbA1c in patients with type 2 diabetes», Primary Care Diabetes 2009; 3: 111-114.
- (Impact factor: 1.609)*
16. S. Liatis, P. Thomakos, S. Papaioikonomou, A. Papazafeiropoulou, N. Giannakopoulos, E. Karagiaouri, A. Sotiropoulos, S. Bousboulas, A. Melidonis, S. Pappas, N. Katsilambros. «Trends in the Management of Type 2 Diabetes and its Prescription Drug Costs in Greece (1998 & 2006)», Exp Clin Endocrinol Diabetes 2009; 117: 505-510.
- (Impact factor: 1.555)*
17. A. Gikas, A. Sotiropoulos, N. Tsakountakis, D. Michalis, A. Papazafiropoulou, V. Pastromas. «Current Status in Achievement of Glycaemic, Lipid and Blood Pressure Goals in Type 2 Diabetic Patients with Coronary Artery Disease», Hellenic J Cardiol 2009 50: 552-554.

(Impact factor: 1.227)

18. A. Papazafiropoulou, N. Tentolouris, S. Bousboulas, A. Sotiropoulos, E. Tamvakos, T. Peppas, M. Kardara, S. Pappas. «In-hospital mortality in a tertiary referral hospital: Causes of death and comparison between patients with and without diabetes», *Exp Clin Endocrinol Diabetes* 2010; 118: 315-319.

(Impact factor: 1.555)

19. P. Stamataki, A. Papazafiropoulou, I. Elefsiniotis, M. Giannakopoulou, H. Brokalaki, E. Apostolopoulou, P. Sarafis, G. Saroglou. «Prevalence of HPV infection among Greek women attending a gynecological outpatient clinic», *BMC Infectious Diseases* 2010; 10: 27.

(Impact factor: 3.025)

20. C. Voulgari, I. Moyssakis, A. Papazafiropoulou, D. Perrea, D. Kyriaki, N. Katsilambros, N. Tentolouris «The impact of metabolic syndrome on left ventricular myocardial performance», *Diabetes Metab Res Rev* 2010; 26: 121-127.

(Impact factor: 2.968)

21. A. Papazafiropoulou, A. Kokolaki, A. Sotiropoulos, M. Kardara, P. Stamataki, S. Pappas «Prevalence of thyroid dysfunction among Greek type 2 diabetic patients attending an outpatient clinic», *J Clin Med Res* 2010; 2: 75-78.

22. A. Papazafiropoulou, I. Daniil, A. Sotiropoulos, E. Mpalampani, A. Kokolaki, S. Bousboulas, S. Konstantopoulou, D. Petropoulou, E. Skliros, S. Pappas. «Prevalence of asymptomatic bacteriuria in type 2 diabetic subjects with and without microalbuminuria», *BMC Research Notes* 2010; 3: 169.

(Impact factor: 1.390)

23. E. Skliros, P. Merkouris, A. Papazafiropoulou, A. Gikas, G. Matzouranis, C. Papafragos, I. Tsakanikas, I. Zarbala, A. Vasibosis, P. Stamataki, A. Sotiropoulos. «Self-medication with antibiotics in rural population in Greece: a cross-sectional multicenter study», *BMC Fam Pract* 2010; 11: 58.

(Impact factor: 1.610)

24. A. Papazafiropoulou, M. Kardara, A. Sotiropoulos, S. Bousboulas, P. Stamataki, S. Pappas. «Plasma glucose levels and white blood cell count are related with ankle brachial index in type 2 diabetic subjects», *Hellenic J Cardiol* 2010; 51: 402-406.

(Impact factor: 1.227)

25. A. Papazafiropoulou, S. Pappas, D. Papadogiannis, N. Tentolouris. «Cardiovascular Effects of Glucagon-like Peptide 1», *Mini Rev Med Chem* 2011; 11: 97-105.

(Impact factor: 2.865)

26. A. Papazafiropoulou, E. Skliros, A. Sotiropoulos, C. Papafragos, A. Gikas, O. Apostolou, H. Kaliora, C. Tountas. «Prevalence of target organ damage in hypertensive subjects attending primary care: C.V.P.C. study (Epidemiological Cardio-Vascular Study in Primary Care)», *BMC Fam Pract* 2011; 12: 75.

(Impact factor: 1.610)

27. A. Sotiropoulos, S. Papadodima, A. Papazafiropoulou, A. Ioannidis, S. Athanaselis, A. Kokkinari, O. Apostolou, C. Spiliopoulou. «Serum selenium levels in type 2 diabetic subjects with and without coronary artery disease», *BMC Research Notes* 2011; 4: 270.

(Impact factor: 1.390)

28. A. Papazafiropoulou, M. Kardara, S. Pappas. «Novel therapies for diabetes mellitus». *Recent Recent Pat Endocr Metab Immune Drug Discov* 2011; 5: 203-209.

29. A. Papazafiropoulou, A. Sotiropoulos, A. Kokolaki, M. Kardara, S. Bousboulas, S. Pappas. "Prevalence of retinopathy among type 2 diabetic subjects with and without microalbuminuria", Hippokratia 2011; 15: 381.

(Impact factor: 0.590)

30. A. K. Papazafiropoulou, M.S. Kardara, S.I. Pappas. «Pleiotropic effects of omega-3 fatty acids», Recent Pat Endocr Metab Immune Drug Discov 2012; 6:40-46.

31. K. Argyri, A. Sotiropoulos, E. Psarou, A. Papazafiropoulou, A. Zampelas, M. Kapsokafalou. "Desserts formulated using sucralose and dextrans affect favorably postprandial response to glucose, insulin and c-peptide in type 2 diabetic patients", Rev Diabet Stud 2013; 10: 39-48.

32. A. K. Papazafiropoulou, A. Sotiropoulos, K. Souliotis, G. Parxaridis, G. Deligiannis, G. Gionakis, S. Papoulis, E. Skliros. "Compliance and fixed-dose combination therapy in a sample of Greek hypertensive patients", Hellenic J Cardiol 2013; 54: 230-232.

(Impact factor: 1.227)

33. I. Protosaltis, A. Ploumidis T. N. Sergentanis, P. Constantoulakis, K. Tzirogiannis, C. Kyprianidou, A. K. Papazafiropoulou, A. Melidonis, D. Delakas. "Linking pre-diabetes with benign prostate hyperplasia. IGFBP-3: A conductor of benign prostate hyperplasia development orchestra?" PLoS One 2013; 8:e81411

(Impact factor: 3.730)

34. A. Papazafiropoulou, N. Papanas, S. Pappas, E. Maltezos." Role of Endogenous GLP-1 and its Agonists in Osteopenia and Osteoporosis: But we Little Know Until Tried", Curr Diabetes Rev. 2014;10:43-7.

35. P. Stamataki, A. Papazafiropoulou, S. Kalaitzi, P. Vergidou, E. Bolioudaki, K. Mitripoulou, A. Grozou, P. Nikoloudi, A. Papadimitriou, V. Koilipera, I. Athanasoula, I. Anastasopoulou, A. Diplou, P. Sarafis, D. Dalas, M. Giannitsa, E. Kapelanos, E. Tsekoura, G. Falia, V. Karavity, E. Adamou, M. Malliarou, M. Christopoulou, G. Stravopodis, E. Giamarellou, A. Karaskou. "Knowledge and attitude about sepsis among Greek nurses", Journal of Infection Prevention 2014; 15: 58-63.

36. S. Liatis, S. Papaoikonomou, A. Ganotopoulou, A. Papazafiropoulou, C. Dinos, M. Michail, A. Xilomenos, A. Melidonis, S. Pappas. "Management of type 2 diabetes and its prescription drug cost before and during the economic crisis in Greece: 2006 and 2012", BMC Endocrine Disorders 2014; 14: 23.

(Impact factor: 2.650)

37. I. Protosaltis, A. Sotiropoulos, K. Manoloudaki, K. Boki, G. Linardaki, A. Papazafiropoulou, S. Antonopoulos. Chronic periaortitis (retroperitoneal fibrosis) concurrent with Giant Cell Arteritis. Is it an unusual coexistence? Journal of Medical Case Reports 2014; 8:167.

(Impact factor: 3.650)

38. I. Protopsaltis, A. Drossou, I. Katsantonis, N. Roussos, K. Manoludaki, M. Arvanitis, A. Papazafiropoulou, S. Antonopoulos. Breast Cancer Presenting as Paraneoplastic Erythroderma: An Extremely Rare Case. *Case Rep Med* 2014; 2014: 351065
39. S. Liatis, M. Mylona, S. Kalopita, A. Papazafiropoulou, S. Karamagkiolis, A. Melidonis, A. Xilomenos, I. Ioannidis, G. Kaltsas, L. Lanaras, S. Papas, C. Basagiannis, A. Kokkinos. "Hypoglycaemia requiring medical assistance in patients with diabetes: A prospective multicentre survey in tertiary hospitals", *Diabetes Metab.* 2014 Nov 18. pii: S1262-3636(14)00167-0. [Epub ahead of print]
40. N. Barouchos, A. Papazafiropoulou, N. Iacovidou, N. Vrachnis, N. Barouchos, E. Armeniakou, V. Dionyssopoulou, AG. Mathioudakis, E. Christopoulou, S. Koltsida, E. Bassiakou. "Comparison of tumor markers and inflammatory biomarkers in chronic obstructive pulmonary disease (COPD) exacerbations", *Scand J Clin Lab Invest* 2015;75:126-32.
41. A. Papazafiropoulou, N. Papanas, S. Pappas, E. Maltezos, DP. Mikhailidis. "Effects of oral hypoglycemic agents on platelet function", *J Diabetes Complications.* 2015 Apr 16. [Epub ahead of print]
42. A.K. Papazafiropoulou, M.S. Kardara, A. Melidonis. "Strategies of Hyperglycemia Management among Patients with Diabetic Nephropathy, Renal Impairment, Hypertension and Lipid Disorders", *Journal of Endocrinology and Diabetes*
43. A. Ioannidis, A.K. Papazafiropoulou, A. Sotiropoulos, A. Kokkinari, O. Apostolou, M. Stefanidou, S. Papadodima. «Serum Zinc Levels do not Differ in Type 2 Diabetic Subjects with and without Coronary Artery Disease», *Cardiology and Angiology: An International Journal* 2015; 3: 114-121